



Health and Safety Policy
For
Cure Myotonic Dystrophy UK Charity (CDM)

This policy is to provide and maintain safe and healthy conditions and environment for all our volunteers and users, plus any other people who are directly affected by our activities, such as members of the public at our events.

Responsibility

Overall and final responsibility for health and safety at all events and activities organised by CureDM lies with the Trustees to

- implement full compliance with current health and safety legislation and regulations
- undertake assessments of significant risks faced by everyone who has access to the charity
- take appropriate action to minimise risks
- delegate a named volunteer for each event or activity, who will be responsible for ensuring that this policy is upheld.

All volunteers involved will be made aware of who is responsible for health and safety.

Nevertheless, everyone has an individual responsibility regarding health and safety and must immediately bring to the attention of trustees any issues of concern.

General arrangements

The main activity of CureDM is to organise social activities and support for those living with Myotonic Dystrophy, their families, and caregivers.

Practical steps to risk assessment are

- identify hazards
- decide who might be harmed
- evaluate risks
- record findings
- review assessments

A risk assessment will be carried out before every one-off event. This will include assessing risk as it relates to all aspects of the event including:

- Equipment
- Venue
- Volunteers
- attendees.

Appropriate precautions will be taken to minimise hazards at all events and activities. Provision of appropriate and suitable training and information will ensure that everyone is aware of the risks and knows how to respond appropriately as noted on the relevant risk assessment. No volunteer or employee will run an event or activity on their own, and at least two volunteers or employees should stay at an event until it is finished, and the last attendees have left.

We will have a trained first aider present at all events which are open to the public and will make sure all volunteers and staff at events and activities are aware of the location of fire exits.

CureDM will hold Public Liability Insurance.